



Quick Creative Writing

Free Time -
you are free to
write whatever
you like.

‘Free writing’ means
writing down your
thoughts and ideas
without stopping.



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Activity created by



**Northern
BroadSides**

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What to do

First

- Find a place to sit comfortably.
- Close your eyes... Notice the sounds you hear.
- Open your eyes... Notice the things you see.
- Notice how you feel.

Next

- Use your notebook and a pen.
- Write for 5 minutes, or as long as you can.
- Write about the sounds, sights and feelings you noticed.
- Just keep your pen moving – you can do it!

**When you have finished
look back over your writing.**

Any surprises?

Anything you want to write about more?

**It doesn't
matter
what you
write.**

**Or if you
make
mistakes!**

**It is OK if
it doesn't
make
sense.**

